

Microblading Aftercare Instructions

It is very important that you follow these instructions carefully. Remember, all procedures must Heal, Peel and Fade. This process may take up to 10 days.

- **Do Not Pick or Scratch** the treated area. Let any scabbing or dry skin naturally exfoliate off. Picking can cause scarring.
- **No water, cleansers, creams, makeup or any other products on the treated area for 10 days**
- **Avoid direct sun exposure or tanning for 3 to 4 weeks after the procedure.**
- **Avoid profusely heavy sweating for the first 10 days**
- **No Facials, Botox, chemical treatments and microdermabrasion for 4 weeks**
- **Avoid sleeping on your face for the first 10 days**
- **Avoid swimming, hot suana, jacuzzi for the first 10 days**
- **Avoid Spicy Foods for the first 7 days**
- **Avoid Smoking**
- **Avoid Driving in open air vehicles, such as boats, convertibles, bicycles and motorcycles during the first 7 Days**
- **Before showering apply a layer of post-care cream to protect your eyebrows from moisture. During the shower, keep your face away from the showerhead.**

Itching and Flaking will appear the first seven days of post microblading procedures. However, experience has shown that by following these aftercare instructions, these symptoms may quickly disappear.

It will take up to 14 to 30 days to for the wounds to completely heal. Touch-ups can't be given until the 30 to 60 days after the initial procedure.

What to expect after the procedure?

Your new microbladed eyebrows will go through several phases during the healing cycle. The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of the skin and has not settled in completely. The color of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab as this is excess pigment or bodily fluid that is naturally exiting your skin.

Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the color pigment is fading too quickly. However, this is just superficial color and dry skin being removed from your eyebrows.

Once completely heal always apply a sunscreen of SPF 30 and up to SPF 50 on your eyebrows when exposed to the sun. Sun exposure might cause the color pigment to fade more quickly.